



NEWSLETTER

September 2025

Welcome everyone to the start of a new school year!

We hope you all had an amazing summer filled with fun—whether you went away or simply enjoyed being at home. We're now looking forward to the Autumn term, which is always full of festivals and celebrations, along with endless activities and craft ideas. It's our favourite term!

We ended the last school year exploring the themes "Around the World," "Pets," "Pirates," "Road to School," and enjoyed a fun-filled "Music and Arts Festival." The children had lots of visitors and were so polite and well-behaved. They loved meeting all the different animals and enthusiastically took part in every session of the Music and Arts Festival. We hope you've finally stopped finding glitter in random places!

Our Sports Day was great fun and enjoyed by all. We loved having parents join in with the madness—and we're sure you enjoyed spraying all the children (and staff) with water!

We sadly said farewell to Grace, Molly, Isaac, Albert, Jimmy, Gracie-Leigh, Oscar, Lennie, Reuben, Lillian, Alex, Freddie, Edward, Henry, Lacie, and Daisy. It's going to be very strange (and quiet!) without them, but we wish them all the luck in the world as they begin their journey at primary school. Thank you to everyone who came to celebrate with us at their graduation.

We want to say a massive "thank you!" to all of our amazing helpers, staff and committee members who turned up to help do a big "garden clear up" for us this weekend. The garden is looking fantastic and ready for our Little Explorers to enjoy.

This half term our themes will be Harvest/On the farm, all about me/Keeping healthy, Autumn and we will finish with Halloween fun. If you're out on an autumn walk, please bring in any round pinecones or conkers you find—we always have fun using them in our seasonal crafts!

Staff News - This term, we're thrilled to welcome our new apprentice, Edie. We know the children are going to love her!

Dates for Your Diary

Halloween Disco

We're so excited to have **Disco Daddy** running our Halloween Disco this year! This event is open to **all children**, whether they attend Little Explorers, Brown Clee Primary, or not—so please spread the word and come along for a fun evening!

Where and when? Ditton Priors Village Hall, Monday 20th October, 4.30-6.30pm - More details below.

Christmas Fair

Our annual Christmas Fair will be held on **Sunday, 23rd November, from 12–4pm**. It's a fantastic afternoon of festive fun for the whole family, with stalls, food, and of course, the **AMAZING Father Christmas** in his magical grotto!

Both events are organised by our dedicated staff and committee. If you'd like to get involved in any of our Autumn fundraising, we're holding a meeting on **Wednesday, 10th September, from 7–9pm** at Preschool. Please feel free to come along—we'd love to see you there!

We can't wait to welcome back all our Little Explorers from **Wednesday** and hear all about what they've been up to over the summer!

Laura, Jordan, Claire, Katie and Jasmine

Diary Dates

Start of term: Wednesday 3rd September

End of half term: Friday 24th October

Start of second half of term: Monday 3rd November

End of term: Friday 19th December

If you would like to find out about further help and support the Parenting Team offer please email

Parenting_team@shropshire.gov.uk

or call us on 01743 250950

All our services are free of charge to Shropshire Council residents.

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021

bedtime stories

THE WHAT'S, WHY'S, & HOW'S FOR PARENTS

What

Bedtime stories have become a thing of the past in many homes. Tucking your child in bed at night and spending 20 minutes reading with him or her can have lifelong effects on your child—emotionally and academically.



Why

- Bond with your child
- Establish a love for reading
- Improve your child's vocabulary
- Calm and soothe your child to prepare them for sleep
- Make lifelong memories
- Expose your child to a variety of books
- Show your child that reading is important

how

- Set aside 20 minutes each night to read to and with your child
- Read old favorites and new finds from the library
- Make it fun— read in the dark with a flashlight
- Take turns— you read some pages, and let your child read some pages
- Read both picture books and chapter books



TUTUSTREEDBLOG.COM - Ashley Reed

Pack your child a HEALTHY LUNCH BOX

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat & alternatives



A Healthy Lunch Box



MAKE WATER YOUR DRINK

PACK ICE BRICKS TO KEEP FOOD COOL

USE A THERMOS TO KEEP FOOD WARM



This resource was developed and designed by the Health Promotion Service, Western Sydney Local Health District, with contribution by South Eastern Sydney Local Health District and Waverun Shoalhaven Local Health District.

Too Much Tech?

Watch for these signs



Complaints about being bored without screens



Problems with sleep, school, or face-to-face interaction



Harsh resistance to screen time limits

Are you seeing these signs?

It's time to talk about tech.

TalkHearts2Heart.org

